



VOLUNTEER OPPORTUNITY RESOURCE GUIDE

A PERSONAL PLEDGE TO SERVICE

To get you started, here are some ideas for Volunteer Opportunities. Please contact the Service Pledge Team if you know of other outreach opportunities that should be listed here.

Opportunity Name	Description	For More Information
1500 Acts to End Hunger	Provide non-perishable food items, paper products, toiletries, and money to A Place to Turn, an emergency food pantry located in Natick, MA, serving the Metrowest area.	http://uuac-sherborn.org/social/hunger.php Barbie Breer, wambarb1959@comcast.net
826 Boston	Non-profit organization dedicated to supporting students ages 6 to 18 with their creative and expository writing skills, and to helping teachers inspire their students to write. Volunteers are trained to go into Boston schools to work with children on writing projects.	http://www.826boston.org/
Bikes Not Bombs	Bikes Not Bombs promotes bicycle technology as a concrete alternative to war and environmental destruction. BNB provides community-based education and assists development projects both in lower income neighborhoods of Boston and internationally with recycled bicycles, related technologies and technical assistance, as concrete alternatives to the militarism, over-consumption & inequality that breed war and environmental destruction.	http://bikesnotbombs.org/
Book Donations for Global Education	Promote literacy and education in the U.S. and around the world by creatively recycling surplus books. Donate your used books in the container in the church lot.	http://www.uuac-sherborn.org/social/books.php Lisa Palmer, lapalmer@comcast.net
CARE Action Network (CAN)	CAN works to educate our nation's leaders about issues of global poverty. CAN helps you use your voice to shape U.S. policies that affect global poverty. Join thousands of other supporters around the country in speaking out on behalf of women, children and poor families around the world.	http://www.care.org/getinvolved/advocacy/index.asp

Cradles to Crayons	Cradles to Crayons endeavors to provide homeless and low-income children in Massachusetts with the essentials they require to thrive – to feel safe, warm, ready to learn, and valued.	http://boston.cradlestocrayons.org/
Guest at Your Table	Change is collected during the holiday season for the UUSC (Unitarian Universalist Service Committee) for social service needs.	http://www.uuac-sherborn.org/social/guest.php Jill Carroll, bjcarroll4@comcast.net
Home Delivered Meals	"Home Delivered Meals" is a program under the auspices of the Sherborn Council on Aging (COA). Meals are delivered to some of Sherborn's elderly five days a week. Our Church is responsible for delivering on Wednesdays.	Janet Barnet or Vicky Diamond at socialactioncom@uuac-sherborn.org
Knitting Ministry	Provide comfort to children and families in need. Current project is to create knitted caps and blankets for the Greater Boston Project Linus.	Sally Demler, sdemler1@msn.com
Metrowest Interfaith Hospitality Network	Temporary shelter, food and guidance are provided to homeless families with children through a network of faith-based communities. UUAC has hosted for six weeks during the two years the Network has been in operation. Volunteers buy supplies, prepare meals, stay overnight, teach crafts, play with children, and do laundry.	http://www.uuac-sherborn.org/social/ihn.php Joan Hunter, jbh_11@verizon.net Barbie Breer, wambarb1959@comcast.net
Mitten Tree	New mittens, hats and scarves are gifted to children and adults in need during the first Sunday service of December.	http://www.uuac-sherborn.org/social/mitten.php Social Action Committee, socialactioncom@uuac-sherborn.org
Music	Sing at a senior living facility. Carol at a Salvation Army dinner. Organize and perform in a musical event to benefit a charity (for instance, NOLA coffeehouse).	Music Committee: http://www.uuac-sherborn.org/governance/committees.php#music Cathy Leonard, musiccom@uuac-sherborn.org
Partakers	Works to help advance the rehabilitation of inmates and to bridge the divide that separates those inside and outside prison. Through its College Behind Bars mentoring program, inmates build trusting relationships, enhance skills critical to completing a college degree, and significantly increase their chances for success when returning to the community.	http://www.partakers.org/ Rev. Nathan Detering, minister@uuac-sherborn.org

Power of the Quilt Project	New quilts are gifted to women for use during chemotherapy and to children in need of comfort. "Quilt-a-thons" are held at the UUAC 3 times per year to make multiple quilts on the same day. No experience is needed.	http://www.uuac-sherborn.org/social/quilt.php Craig Cohen, mcraigcohen@gmail.com
Rebuilding New Orleans	Commonly referred to as the "NOLA" program, the UUAC participates in two re-building trips to New Orleans per year, one adult only and one that includes the senior youth group.	http://uuac-sherborn.org/social/gulfcoast.php Youth Group trip: Pam Teibel or Peter Gormley at dre@uuac-sherborn.org Adult trip: Molly Howes at socialactioncom@uuac-sherborn.org
Salvation Army Dinners	Meatloaves are made, and then served as part of dinner at the Salvation Army in Framingham, MA.	http://www.uuac-sherborn.org/social/salvation.php Joan Hunter, jbh_11@verizon.net
Secret Santa	Holiday gifts are purchased for children in need. This program is run under the auspices of the Framingham Department of Social Services.	http://www.uuac-sherborn.org/social/santa.php Joan Hunter, jbh_11@verizon.net Nancy Osgood, snosgood@verizon.net
Unitarian Universalist Service Committee	A nonsectarian organization that advances human rights and social justice in the United States and around the world, through a combination of advocacy, education, and partnerships with grassroots organizations.	http://www.uusc.org/ Jill Carroll, bjcarroll4@comcast.net
Unitarian Universalist United Nations Office	Works as a lobbyist at the UN on social and economic issues. Congregational envoys act to represents the UU-UNO within their local congregation.	http://www.uu-uno.org/
Unitarian Universalist Urban Ministry	Supports Boston's urban community by providing out-of-school-time programming for at-risk youth and a shelter for those fleeing domestic violence. They also operate a program focused on providing support for men in transition, including those involved with the criminal justice system.	http://www.uuum.org/
UU Mass Action Network	Statewide network of ministers and lay members representing Massachusetts Unitarian Universalist churches and fellowships. Seeks to mobilize Unitarian Universalists individually and congregationally to take action in support of Unitarian Universalist principles for a more just, equitable and compassionate Commonwealth.	http://uumassaction.org/
Winter Walk	A 5-mile interfaith walk in Sherborn to raise money for HomeStart, Inc., an organization dedicated to end homelessness in Greater Boston by assisting individuals in obtaining permanent housing and settling into the community.	http://www.winterwalk.org/wwsite/ Devon Kinkead, kinkeads@comcast.net

Women for Women International	Connects women sponsors with needy women in conflict or post-conflict countries.	http://www.womenforwomen.org/
Women's Alliance	Raises money to support the church operating budget and to support programs for women in the larger community. Runs the Good as New consignment shop (GANS), which serves the larger community through its recycling efforts, its opportunity for fellowship, and by donating its unclaimed and unsold goods to other charities. Promotes involvement with international programs supporting education for children and medical programs for women.	http://www.uuac-sherborn.org/governance/womens.php Dot Widmayer, alliance@uuac-sherborn.org
Zero Waste Team	Initiates and supports a variety of measures to reduce energy use and carbon waste in our church and community.	http://uuac-sherborn.org/social/zeroWaste.php Claire Sullivan, lpjsmom@verizon.net

Volunteer Opportunity Websites

Listed below are some websites where you can search for volunteer opportunities in your local area.

<http://www.volunteerfamily.org>: The Volunteer Family's mission is to encourage, facilitate, coordinate, and support volunteering activities for families in order to strengthen values while helping nonprofit agencies achieve their respective goals of serving communities' most pressing needs.

<http://www.volunteermatch.org>: VolunteerMatch is a national nonprofit dedicated to strengthening communities by helping good people and good causes to connect. Its online service, www.volunteermatch.org, makes it easy to find a way to make a difference by location, expertise, or availability.

<http://www.framingham.com/org/index.htm>: Links to non-profits, support groups, clubs, community service organizations, and social service agencies in the Framingham, MA and Metrowest area.

<http://www.allforgood.org/>: Website that makes it simple to find and share volunteer activities. Open source website created by volunteers and hosted by Google.

<http://iparticipate.org/>: An initiative of the Entertainment Industry Foundation to generate heightened awareness about the value of community service and provide opportunities for all to serve.

Questions?

Contact the Service Pledge Team:

Rev. Nathan Detering, minister@uuac-sherborn.org

Cathie Healy, lafleure55@yahoo.com

Gage Heath, heathswanson@rcn.com

Sue Kelly, suekelly90@yahoo.com

Bob Murchison, bob.murchison@me.com

Lisa Palmer, lapalmer@comcast.net